



Neighborhood Falmouth Board of Directors

April 16, 2026 - 3:00 pm

MEETING AGENDA

Welcome – President Joe Andrews

Approve minutes from February Board meeting

Treasurer’s Report – Ove Asendorf

Director Report – Sarah Stevenson & Jamie Thibodeau

Committee Reports

- MSAC Committee – Marion Bihari
- Governance Committee – Dan Leader
- Volunteer Committee – Bob Spadafora
- Development Committee – Ove Asendorf
- Strategy Committee – Stephanie Prior

On the Calendar:

- Library Talk: Dr. Roger Landry – Happiness in Older Adults – April 22nd @ 1:30 PM FPL Hermann Room
- Member-Volunteer Lunch – April 23rd @ 12 PM Pickle Jar
- Monthly Brew for Volunteers April 29th @ 9 AM NF HQ
- Spring gala: May 1, 2026 at Coonamessett Inn
- Next Board meeting: May 21st @ 3PM, NF HQ

Adjourn

**NEIGHBORHOOD FALMOUTH
BOARD OF DIRECTORS MEETING MINUTES
LOCATION:NF Office Queen's Byway**

February 19,2026

DIRECTORS PRESENT : Joe Andrews, Ove Asendorf, Marion Bihari, Rev. Nell Fields, Dan Leader, Amy Loewenberg, Robert Mascali, Kit O'Connor, Stephanie Prior, Bob Spadafora

DIRECTORS ABSENT: Michael Bihari,Roger Landry, Bob Mascali, Tom Maine, Michael McNaught, Phil Walker

ALSO PRESENT: Our Co-Directors, Sarah Stevenson and by phone Jamie Thibodeau

Joe Andrews opened the meeting at 3:06 PM and thanked Jamie and Sarah for putting all the documents for the meeting on the Neighborhood Falmouth webpage.

VOTED: To approve the minutes of January 15, 2026

TREASURER'S REPORT: Ove Asendorf presented the Treasurer's report and the NF Statement of Financial Position reporting we are just under budget for memberships (as memberships income is spread throughout the year) and donations while office expenses are just slightly above budget but payroll and remaining expenses were under so we were only \$8000 short on budget expenses for January.

Year to date Income is \$11,677 vs budgeted \$14,500 and Total Expenditures are \$21,838 vs budgeted \$30,155

Net revenue for the month of January was -\$9,982 but that was expected as budget for January was -\$14,988.

As of January 31,2026 NF has \$477,416.35 in Total Current Assets with 414,539.32 in Savings and CD's and \$56,999 is in cash (compared to \$68,000 at the end of December). Several scholarship members were taken on in January.

There was discussion about what to do with the CDs, as one will roll over in April and 2 others in May and they are not generating significant interest currently. This will be further addressed by the Development Committee and a recommendation made to the full board.

VOTED: To accept the Treasurer's report.

DIRECTOR'S REPORT:

MEMBER UPDATES: Sarah reports NF now has 152 members, The waitlist is 68, but actually 76 individuals as some are couples waiting to be added and as we are now charging per individual she felt this provides more accurate numbers and will be reported going forward.

VOLUNTEER COMMITTEE:

Highlights included a 99% fulfillment rate with 326 requests fulfilled, and an average of 339 requests per month for the last 3 months.

She has already brought on 5 new volunteers in 2026 and they have immediately started taking requests and helped make up for volunteers who are not available in the Winter. Sarah reports 2

new volunteers came as a result of our CAI ads, 1 from the Enterprise, and the rest from posters or rack cards.

Only 4 requests (1 for church transport & 3 social visits) went unfulfilled in January.

Sarah expressed the hope we can continue to bring on 3-4 new volunteers a month to meet the needs of our goal of 3-4 new members a month.

In an effort to engage our volunteers and interested members and provide more socializing opportunities The first Morning Brew coffee & pastry social gathering will take place February 25 at 9AM. Bob Mascali's law firm is sponsoring the event and perhaps monthly going forward though Ove Asendorf and Dan Leader have also offered to sponsor some as well. Sarah invited all the board members to come and plans to make this monthly.

There will be a monthly meeting in March Sarah stated as they have missed January and February.

GRANT UPDATES:

Awaiting a decision: Charles Farnsworth Bacon Trust \$10k for General Operations

Awaiting Invitations to submit application: Bilezikian Family Foundation for \$14K for Scholarship Fund & Cape & Islands United Way \$15K for Home Safety Program

Cape & Islands United Way Community Choice Grant: submission due March 5 and are preparing a member/ volunteer story to support the application.

MARKETING UPDATES: Volunteer ads running Feb.13 & 27 in the Falmouth Enterprise

MEMBER SERVICES AND ACTIVITIES COMMITTEE: Marion reports the

January 2026 Fraud and Scams program by MV Savings Bank took place at Falmouth Public Library (FPL)

Future FPL programs include:

Feb 25 Dan Leader , Tax Advice for Seniors

March 25 Libby Hearn, Rhode Scholar Adventures

April 29. Roger Landry, Science and the Search for Happiness in Older Adults

May 27. Deb Levy. Legacy Letters and Memories

June 17. Elliot Greene & Bruce Blackwell Consumer complaints and Avoiding Scams

There was also a lunch at Divine Pizza February 18 th with 15 folks attending.

There was discussion regarding funding such luncheons in the future as the cost of buying lunch may be preventing some people from attending. Another suggestion was to order soups and sandwiches and hold the luncheon at the NF Queens Byway office. Some board members recalled with fondness getting together at Liam McGuire's with volunteers and NF picking up the tab for appetizers and wondered about doing something similar again.

GOVERNANCE : Joe Andrews, President, mentioned we need to continue to be thinking about new board members.

ITEMS OF INTEREST:

DEVELOPMENT: Ove Asendorf has agreed to lead the committee, and is still looking for new members. He is hoping to strengthen NF's fund raising capacity, create financial goals based on benchmarks and look into investment allocation strategies for short and long term growth . He is also interested in implementing a future goals based plan for NF working with input from Sarah and Jamie.

STRATEGY COMMITTEE: Stephanie Prior has agreed to lead this committee. Joe shared the 2023 charter for the Strategic Planning and Development Committee and the initial goals discussed when it was originally formed. Notably NF has met several of the goals eg. renting our own space to have a more welcoming headquarters and increasing member fees. Amy, Kit, and Joe have agreed to join the committee and the first meeting will be March 19, 2026 at 2 PM.

MEMBERSHIP CATEGORIES: Sarah proposed creating a new partial membership for folks on the waitlist who report that their only current need is rolling out their trash to the street. No extraneous tasks would be offered and this would be made very clear to the partial member. Benefits could be adding more folks to our newsletter subscription and might help increase our revenue stream. Sarah noted there would need to be a way to indicate their partial status in our current database if we were to do this. Many in favor suggested a rate of \$10 / week but concerns raised were this should be offered to those on the waitlist already first, did we have the volunteer capacity, and would some partial members balk at paying the full membership fee when they became eligible to be full members if they still just needed their trash rolled out. It was agreed to consider this more and tabled it to our next meeting.

DONOR & VOLUNTEER RECOGNITION: Sarah and Jamie suggested that name tags at the NF Gala could recognize volunteers with their number of years volunteering and donors/ supporters with different levels of giving. Three levels of support proposed eg. silver, gold, and platinum levels but questions arose if recognition should be for giving in the current year only or over the lifetime of Neighborhood Falmouth. It was also proposed that members be noted as well on the name tags. All agreed this suggestion would be shared with Candice Geers, our Gala Chairwoman and have it discussed at the next Gala meeting.

Joe requested we invite Candice to our next board meeting to report on what she has been doing.

The next board meeting will be Thursday, March 19th, 2026

No Place for Hate Fair will be March 15, 2026

Annual Meeting , April 2nd, 2026 10 AM at West Falmouth Library

Spring Gala May 1, 2026 at the Coonamessett Inn.

Meeting Adjourned at 4:39 PM

Respectfully submitted, Stephanie Prior, Co-Clerk

Neighborhood Falmouth Treasurer's Report

Mar-26

| | Mar 2026 | | Year to Date | |
|---------------------------------------|------------------|------------------|-------------------|-------------------|
| | Actual | Budget | Actual | Budget |
| Revenue | | | | |
| 4000 Income | 35 | | 35 | |
| 4010 Membership | 11,690 | 9,500 | 24,650 | 102,000 |
| 4020 Donations | 5,971 | 1,500 | 16,105 | 75,000 |
| 4040 Foundations/Grants | 150 | 500 | 150 | 95,000 |
| 4050 Fund Raiser | 2,960 | 11,000 | 2,960 | 36,000 |
| 4060 Memorial | | | 450 | |
| 4070 Designated Gifts | | | | 4,000 |
| Total 4000 Income | \$ 20,806 | \$ 22,500 | \$ 44,350 | \$ 312,000 |
| Expenditures | | | | |
| 5000 Office | | | | |
| 5010 Postage | 234 | 1,300 | 1,331 | 7,850 |
| 5020 Equipment/ Computer Hardware | 100 | 125 | 269 | 1,500 |
| 5030 Office Supplies & Expenses | 1,757 | 1,333 | 3,408 | 16,000 |
| 5040 Printing | 965 | 350 | 1,715 | 4,200 |
| 5050 Computer Software /Support | 531 | 625 | 1,640 | 7,500 |
| Total 5000 Office | \$ 3,587 | \$ 3,733 | \$ 8,363 | \$ 37,050 |
| 5100 Payroll | | | | |
| 5110 Salaries & Wages | 11,629 | 13,700 | 36,896 | 180,000 |
| 5120 Payroll Tax Expense | 274 | 1,250 | 1,028 | 15,000 |
| Total 5100 Payroll | \$ 11,903 | \$ 14,950 | \$ 37,924 | \$ 195,000 |
| 5200 Insurance | | | | |
| 5210 General Insurance | | 3,300 | | 7,300 |
| 5220 Workman's Comp Insurance | 330 | 350 | 330 | 350 |
| 5230 Umbrella Policy | | | | 300 |
| Total 5200 Insurance | \$ 330 | \$ 3,650 | \$ 330 | \$ 7,950 |
| 5300 Additional Expenses | | | | |
| 5310 Payroll Processing | 139 | 208 | 431 | 2,500 |
| 5311 Professional Fees | | | | 1,000 |
| 5312 Contract Services | | 417 | 528 | 5,000 |
| 5320 Telephone | 183 | 250 | 543 | 3,000 |
| 5325 Rent | 1,800 | 1,888 | 5,400 | 22,660 |
| 5326 Utilities | | 208 | | 2,500 |
| 5330 Training Costs | | 167 | | 2,000 |
| 5340 Website | | 83 | 370 | 1,000 |
| 5345 Development Expenses | | 167 | | 2,000 |
| 5350 Event Expenses | 452 | 1,000 | 452 | 15,000 |
| 5355 Special Member Programs | | 833 | 669 | 10,000 |
| 5360 Dues & Memberships | | 100 | | 1,200 |
| 5370 Marketing | 426 | 1,083 | 2,494 | 13,000 |
| 5385 Credit Card Fees | -19 | 117 | 120 | 1,400 |
| Total 5300 Additional Expenses | \$ 2,981 | \$ 6,522 | \$ 11,007 | \$ 82,260 |
| Total Expenditures | \$ 18,801 | \$ 28,855 | \$ 57,624 | \$ 322,400 |
| 4065 Interest Earned | 971 | 833 | 2,833 | 10,000 |
| 8010 Depreciation Expense | 166 | 167 | 499 | 2,000 |
| Net Revenue | \$ 2,810 | -\$ 5,688 | -\$ 10,941 | \$ 2,400 |

Statement of Financial Position
Neighborhood Falmouth
As of Apr 13, 2026

| | Total |
|---|---------------------|
| Assets | |
| Current Assets | |
| Bank Accounts | |
| 1040 MV Bank - Checking - Operating | 177,563.55 |
| 1050 MV Bank - Savings - Scholarship | 2,231.47 |
| Total for 1000 Cash | \$179,795.02 |
| 1071 Cape Cod 5 - High Yield Savings | 184,351.10 |
| 1082 CC5 CD - Long Term Growth/Endowment Fund | 58,713.73 |
| 320140700 Eastern Bank CD | 51,020.78 |
| Total for Bank Accounts | \$474,272.03 |
| Total for Current Assets | \$474,272.03 |
| Total for Fixed Assets | \$5,545.57 |
| Total for Assets | \$479,817.60 |
| Liabilities and Equity | |
| 24100 Deferred Income-Scholarship | -9,208.67 |
| Total for Current Liabilities | -\$12,864.80 |
| Total for Liabilities | -\$12,864.80 |
| Equity | |
| 32000 Unrestricted Net Assets | 496,694.90 |
| Net Income | -4,012.50 |
| Total for Equity | \$492,682.40 |
| Total for Liabilities and Equity | \$479,817.60 |



April 2026

Directors Report

Member Update

We ended March with 157 members, including 5 new members, but since then two members passed away and two have gone into memory care facilities, so as of today our total is 153. Three more prospective members have home visits scheduled for April, with four more pending scheduling. This should bring our April total up to 156+. Our waitlist count is 76 and holding.

Volunteer Committee & Activity Update

- 98% fulfillment rate for the end of March with 343 requests fulfilled.
 - Averaging 335 monthly requests in the past three months
 - Six requests went unfulfilled in March, four more than last month: 4 social visits and 2 church transport requests. The good news is that since this report both traditionally unfulfilled requests have since been fulfilled by various volunteers.
 - After a productive strategic planning committee meeting last month, we raised the bar a bit with a new goal to bring on 4-6 new members per month. The goal is to focus on chipping away at the long waitlist.
 - Ideally, with the increase of members we are aiming for a goal of 3-6 new volunteers per month. We seem to be averaging about three new volunteers per month since February.
 - We have onboarded 8 new volunteers as of end of March. 4 are pending for April.
 - Our first Morning Brew, coffee/pastry social gathering for volunteers, and others, was held March 25th. Thank you, Bob Mascali, for sponsoring! Our next event will be Wednesday, April 29th at 9am.
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Grant Updates

Since February board meeting:

- 9 new applications submitted, 1 approved, 9 pending
- \$1,500 approved
- \$116,080 in outstanding grant applications pending

Current Grant Application Status Detail

| Funder | \$ Amount | Purpose | Status |
|---------------------------|-----------|-------------------------------------|----------------------|
| Charles Bacon Trust | 10,000 | General ops | Awaiting decision |
| Cape Cod 5 | 5,040 | Scholarships | Submitted 3/23 |
| Cape & Islands United Way | 15,000 | Home Safety & volunteer recruitment | Submitted 3/26 |
| Hermann Foundation | 65,000 | General ops | Submitted 4/8 |
| Behrens Fund | 5,040 | Scholarships | Submitted 3/31 |
| Woods Hole Foundation | 3,000 | Knox boxes | Submitted 3/2 |
| Walmart Sparks | 1,500 | General ops | Submitted 4/14 |
| Cape & Coast Bank | 1,500 | Event sponsorship | Approved 3/30 |
| Bilezikian | 10,000 | Scholarships | Submitted 4/14 |
| Eastern Bank | 3,000 | Knox boxes | Submitted 4/15 |
| Total | 117,580 | | |

Marketing Updates

- Gala ads ran in Enterprise & digital edition March 13, March 27, April 10, & April 17
- Facebook gala post promotion

Collaboration Prospects

- Our March meeting with Mark Gilliard, the new Director of the Falmouth Veterans Center was cancelled due to illness. We are tentatively rescheduled for early May, after the gala. Jamie and I hope to restart the relationship to have a more beneficial collaboration and partnership with them.
- Housing Assistance Corporation's Director of Philanthropy, Tracy LaBonte, contacted us regarding their need for a venue to host a small, locally focused event in Falmouth. The event aims to inform donors and community leaders about recent developments within Housing Assistance as well as upcoming projects that could impact Falmouth and the Upper Cape. Jamie and I met with Tracy and agreed to partner with them by hosting the event at the NF headquarters. The event is scheduled for May 7th at 11:00 am.
- Digital Navigation with FCTV. NF is partnering with FCTV and their DN program to offer our members, volunteers, and the Falmouth community, classes to help support digital literacy.
- We are working with a local artist to offer enrichment classes at our office for volunteers. Calm with Watercolors. We rescheduled our first class until after the May 1st gala.
- Waquoit Church Women's Fellowship Group. Still working on this collaboration with tentative plans for Sarah to speak at one of their meetings.
- Quarterly meetings are held with the other three CC Villages to facilitate the exchange of ideas and resources. Initiated by Candice and Bob last year, Jamie and I intend to remain actively involved in these meetings to ensure a consistent presence throughout the Cape.

Volunteer Committee Report – March 2026

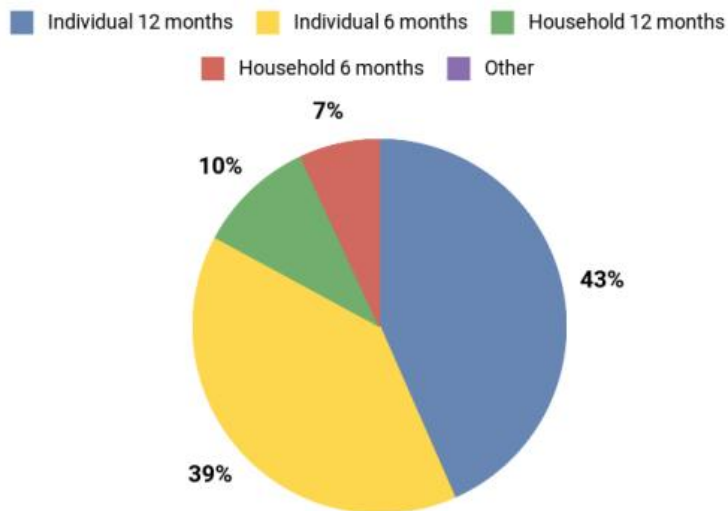
March 2026 Membership

Members

Types

| Category | March 2025 | February 2026 | March 2026 | Growth in Last Month | Growth in Last Year |
|----------------------|------------|---------------|------------|----------------------|---------------------|
| Individual 12 months | 47 | 63 | 68 | +8% | +45% |
| Household 12 months | 15 | 16 | 16 | 0% | +7% |
| Individual 6 months | 59 | 62 | 62 | 0% | +5% |
| Household 6 months | 13 | 11 | 11 | 0% | -15% |
| Total Members | 134 | 152 | 157 | +3% | +17% |

Members Breakdown (March 2026)



March 2026 Volunteers Providing Services

Volunteers

Active Volunteers

| Category | March 2025 | February 2026 | March 2026 | Growth in Last Month | Growth in Last Year |
|-----------------------------------|------------|---------------|------------|----------------------|---------------------|
| Volunteers Providing Services | 68 | 72 | 71 | -1% | +4% |
| Volunteers not Providing Services | 164 | 128 | 132 | +3% | -20% |
| Total Volunteers | 232 | 200 | 203 | +2% | -13% |

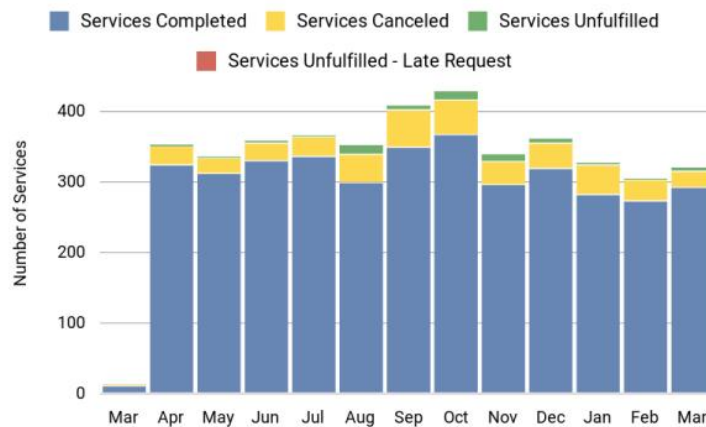
March 2026 Services Completed

Services

Services Completed

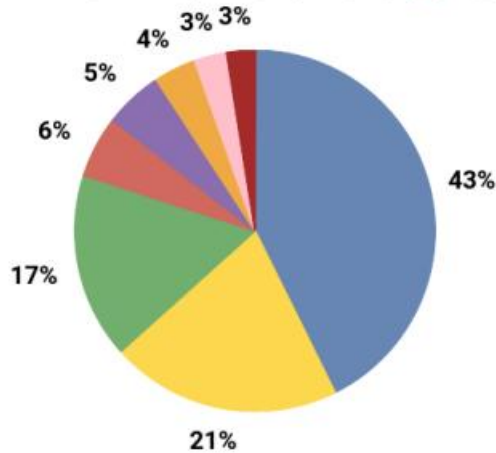
| Category | March 2025 | February 2026 | March 2026 | Growth in Last Month | Growth in Last Year |
|-------------------------------------|------------|---------------|------------|----------------------|---------------------|
| Services Requested | 354 | 337 | 343 | +2% | -3% |
| Services Completed | 311 | 300 | 293 | -2% | -6% |
| Services Canceled | 42 | 35 | 25 | -29% | -40% |
| Services Unfulfilled | 0 | 2 | 6 | +200% | - |
| Services Unfulfilled - Late Request | 1 | 0 | 0 | - | -100% |
| Fulfillment Rate | 100% | 99% | 92% | -7% | -8% |

Services per Month



March 2026 Service Type Breakdown

Service Type Breakdown (March 2026)



Service Type Breakdown

| Category | March 2025 | February 2026 | March 2026 | Growth in Last Month | Growth in Last Year |
|--|------------|---------------|------------|----------------------|---------------------|
| Checkbook | 1 | 0 | 1 | - | 0% |
| Grocery Shopping / Delivery | 23 | 23 | 18 | -22% | -22% |
| Handy Person | 20 | 7 | 7 | 0% | -65% |
| Light Home Maintenance | 2 | 0 | 0 | - | -100% |
| Office Answering Phones | 16 | 13 | 19 | +46% | +19% |
| Office Envelope Stuffing, Stamping, Stapling | 6 | 9 | 10 | +11% | +67% |
| Organizing | 4 | 14 | 9 | -36% | +125% |
| Running Errands | 0 | 1 | 0 | -100% | - |
| Social Visit | 41 | 51 | 57 | +12% | +39% |
| Tech | 1 | 1 | 5 | +400% | +400% |
| Transportation | 197 | 151 | 146 | -3% | -26% |
| Trash | 44 | 67 | 71 | +6% | +61% |
| Total | 354 | 337 | 343 | +2% | -3% |

Volunteer Overview:

71 unique volunteers took requests in March

72 unique volunteers took requests in February

63 unique volunteers took requests in January

68 unique members made requests in March

56 unique members made requests in February

56 unique members made requests in January

New Volunteers

2026: 8 onboarded ytd (3 new in March/3 pending)

3 of 3 new Vs already fulfilling requests

2025: 45 new Vs as of end December/45 total for the year

2024: 58

NOTES:

Current waitlist = 76

Each member of a household on the waitlist is now listed individually increasing the total number of the waitlist

****6 requests went unfulfilled in February (four less than last month): 4 social visits, 2 church transportation requests ****

We continue an aggressive, targeted campaign in the Falmouth community; to expand new volunteer on boarding as well as develop strategic goals for growth and reorganization so we can maintain a 95 - 100% fulfillment rate.

MSAC MEETING April 6, 2026, Zoom

Present: Marion Bihari Chair, Marcia Easterling,
Joanne Blum-Carnevale, Beth Finn, Lee Turner,
Kit O'Connor, Vicky Lowell

Absent: Annie Outlaw, Grace Leva, Dorothy Hatch, Rhona Carlton-Foss

Birthday Cards: May-Amy Loewenberg, June-Grace Leva,
July- Deb Siegert, August- Beth Finn

April Events: April 22, 2026, Dr. Roger Landry, Library 1:30PM
The Search and Science of Happiness

April 23, 2026, Monthly Lunch Pickle Jar-Noon

May Event: May 27, 2026, Deb Levy, Library 1:30PM
Legacy Letters or Ethical Will

Monthly Lunch TBD

June Lunch: Neighborhood Falmouth Office.
15 members will be invited to lunch. Members of the
committee will help serve.
Roche Bros: sandwiches, salad, chips, drinks. Dessert
To be supplied by committee.

June 17, 2026, Consumer Complaints, Cyber Scams and
How to Protect Oneself. Library 1:30PM
Elliot Greene and Bruce Blanchard

September 23, SHINE Program, Library 1:30PM
(Serving the Health Insurance Needs of Everyone)
Kristina Whiton Obrien SHINE Program manager

October TBD/George Scharr?

Strategic Planning Meeting
March 19, 2026

Present : Amy Loewenberg, Kit O'Connor, Stephanie Prior, Sarah Stevenson, Jamie Thibodeau
Absent: Joe Andrews

Review of 2023 priorities and those accomplished:

#1 New Officers installed, though we noted the issue arises again in a year when Joe Andrews steps down

#2 NF moved into their own rented office space

#3 Increase services to Members for help with AIP in addition to rides, social visits, and trash bin help.

-Some members have been provided with Knox Boxes

-Home Safety inspections have started with a professional. A volunteer took a class to be certified as a home inspector and will now be doing the inspections for free and providing recommendations for improved safety . May want to purchase grab bars and tape for rugs with extra funds.

-Smart Watches for fall detection have been dispensed with training on how to use

-Digital Navigation classes to start; FCTV has funds for Digital Equity classes. Planning to help with use of Smart Watches, using My Chart. May have regular drop in sessions.

#4 More Volunteer engagement:

-Starting 'Morning Brew' drop in sessions monthly

- April 1st a volunteer artist will lead an art class for interested volunteers

Ideas going forward:

Goal to increase membership: Sarah to trial taking on several more members (3-6) over the next month and see how the fulfillment rate changes . She will continue to prioritize medical appointments and gently limit rides to 3/ week per member.

Connect members with agencies that could help them with other needs. Perhaps have a social worker intern who can visit members to assess their needs and help refer them to different agencies.

Develop a referral list to provide members with resources (agencies and/ or people) they might need. Kit pointed out that the Reverend of the UU Church has started such a resource online at Falmouthmasshelp.org

Purchase Chrome books to train members on, if they have access to the internet.

Music therapy for members with memory impairment.

More exercise focus for members as an important component of Aging in Place and potentially a way to be present for the whole community.

Still need ideas for recruiting new volunteers to be able to take on more members. We all agreed we didn't want to limit the wait list. Jamie and Sarah are planning to add a card in birthday cards sent to volunteers who haven't been active saying ' we've missed you and need you' . If no response they will be removed from the volunteer roster and birthday card list.

Next meeting: May 21, 2026 at 2PM in NF office.